

# मालवीय राष्ट्रीय प्रौद्योगिकी संस्थान जयपुर Malaviya National Institute of Technology Jaipur

## Health & Wellness Camp on International day of Happiness March 20, 2024



### By Wellness Club under the Dean Student Welfare Office

#### About the Event

Malaviya National Institute of Technology (MNIT) Jaipur collaborated with United India Insurance Company Limited (UIIC) to hold a wellness camp and health examination in observance of the International Day of Happiness. This joint project, which took place on March 20, 2024, demonstrated both groups' dedication to the community's overall well-being. The medical professionals and staff from AMRC Park Hospitals contributed, showcasing their commitment to improving community health and welfare. The careful execution of the program, overseen by the Wellness Club under the Dean of Students' Welfare (DSW) office, was essential to its success.

#### **Event Overview:**

Date: March 20, 2024 Time: 10:00 AM - 5:00 PM Venue: VLTC Porch, MNIT Jaipur

#### **Participants:**

Moe than 900 individuals registered and availed services in the event, highlighting the significant interest and need for such health-focused initiatives within the community.

#### **Inauguration and Dignitaries:**

The event was inaugurated by esteemed dignitaries, including: Director, Prof. Narayan Prasad Padhy Dean Student Welfare, Prof. Mahesh Kumar Jat Officials from UIIC Ltd., including Mr. Vijay Kumar, Mr. Ramesh Sharma, Mr. DN Meena, and Mr. Shankar Karol.



#### Services Offered:

The Health Camp provided a wide range of health services, including:

**General Health Check-up:** Participants underwent comprehensive physical examinations, including vital parameters such as blood pressure, blood sugar, BMI, CBC, and blood typing, as prescribed by the physician



**Eye Check-up and Consultation:** Specialized consultations were offered to address any eye-related concerns.



**Dental Check-up and Consultation:** Expert dental consultations were available to attendees for addressing oral health issues.



**Nutritional Guidance:** Participants received guidance on maintaining a balanced diet and nutritional requirements for overall well-being.

**Psychiatric Consultation:** Mental health support and consultations were provided by psychiatric professionals to address any psychological concerns.

**Orthopedic Consultation:** Specialist consultations were available for orthopedic issues, with a focus on sports injuries and related concerns.



**ECG:** Electrocardiogram (ECG) services were provided to assess cardiac health and ensure early detection of any abnormalities.





The event demonstrated MNIT Jaipur's commitment to promoting a culture of well-being and highlighted the significance of health in shaping individual and societal prosperity. Such collaborative initiatives reflect the institution's dedication to nurturing both physical and mental wellness within the community. As the world celebrated the International Day of Happiness, MNIT Jaipur reaffirmed its commitment to promoting happiness and well-being as critical enablers for individual and societal progress. The Health Camp serves as a reminder of the importance of prioritizing mental and physical health in the pursuit of a fulfilling and prosperous life.