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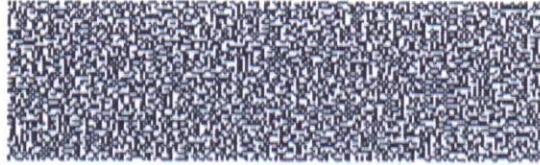
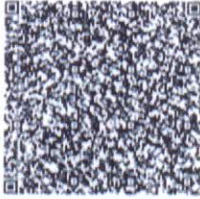
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MEMORANDUM OF AGREEMENT

between

THE ART OF LIVING (TAOL)

and

MALAVIYA NATIONAL INSTITUTE OF TECHNOLOGY, JAIPUR

IN CONNECTION WITH

IMPARTING the Yoga for Youth Empowerment & Skills Program for students and the Faculty Development Program (FDP) for teaching and non-teaching staff at Malaviya National Institute of Technology, Jaipur



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Memorandum of Understanding



1. The Partners:

The Art of Living (TAOL), having its office at The Art Of Living International Centre, 21st km Kanakapura main road, Udayapura, Bengaluru, Karnataka - 560082, represented through its Authorized Signatory: **Shri. Rajeev Nambiar** (Director, Institutional Programs, The Art of Living)

And

Malaviya National Institute of Technology Jaipur (hereinafter referred to as "MNIT"), having its office at Jawahar Lal Nehru Marg, Jaipur-302017 (Rajasthan) INDIA, represented through its Authorized Signatory: **Prof. (Dr.) N. P. Padhy** (Director, MNIT)

(Hereinafter called Partners)

2. Preamble:

The Art of Living (TAOL) is a charitable trust bringing in transformation in India through The Art of Living Programs and implementing a broad range of service projects to uplift and empower individuals, families, and communities so that the full potential of human life can be expressed. The goal is to enable more and more people in urban as well as rural India to become stress-free and inspire these individuals to become change agents to alleviate poverty, misery, and disease right up to the smallest unit of a village. MNIT was jointly established in 1963 as Malaviya Regional Engineering College Jaipur by the Government of India and the Government of Rajasthan. Subsequently, on 26 June, 2002, the college was given the status of National Institute of Technology. On 15 August 2007, it was recognized as the Institute of National Importance through an Act of Parliament. The Institute is fully funded by the Ministry of Education (Shiksha Mantralaya), Government of India.

Vision: "To create a centre for imparting technical education of international standards and conduct research at the cutting edge of technology to meet the current and future challenges of technological development."

Mission: "To create technical manpower for meeting the current and future demands of industry; To recognize education and research in close interaction with industry with emphasis on the development of leadership qualities in the young men and women entering the portals of the Institute with sensitivity to social development and eye for opportunities for growth in the international perspective."

3. The Objective:

The 'Partners' decided that it was mutually beneficial to have a formal understanding between them

2/5



in sensitizing the students of the institution about TAOL Programs. The purpose of education is to prepare a person for life. To an experienced educationist, it is a well-known fact that the age group of 18-30 years is extremely crucial. This is the age where issues of career, relationships, peer/parental pressures, and anxiety about the future all come to the fore simultaneously. For youth bogged down by these issues, academic/professional performance and development to their full potential suffer. Nowhere, neither at home nor at school, have we been taught how to deal with our stress and negative emotions. WHO defines Life Skills as *'the abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demand and changes of everyday life.'* The Art of Living programs are specially designed to develop the Knowledge Aspects which the New Education Policy (NEP) 2020 refers to as "liberal arts" – soft skills such as communication, discussion, debate, teamwork, social and moral awareness. This partnership between TAOL and MNIT aims to train students in the above knowledge aspects of "Liberal Arts" to give students a holistic, multi-disciplinary & value-based education via TAOL's tried and tested student development programs to develop all capacities of human beings -intellectual, aesthetic, social, physical, emotional, and moral in an integrated manner.

TAOL may conduct the Youth Empowerment & Skills Program (YES!+) for students aged 18+ and Faculty Development Program (FDP) for teachers and staff based on mutual convenient date and time. The programs cover one or more of the following modules, depending on the profile of the participants:

- Coping with stress and emotions - Breath connection
- Education: A holistic perspective
- Interpersonal Relationship & People skills
- Responsibility, Initiative & Leadership
- Time Management & Teamwork
- Healthy Habits & Environment
- Global Citizenship
- Well Being
- Self-awareness, Attitudes & Behavior
- Effective Communication Skills

Both the partners have thus arrived at an understanding as indicated below.

4. Details of Understanding:

The Partners, after due consideration of various aspects, have arrived at the following understanding in respect of the programs mentioned in the earlier paragraphs.



TAOL undertakes to impart specifically the following program: Yoga for Youth Empowerment Skills Program (YES!+) for students(18+ yrs of age) and Faculty Development Program (FDP) for teachers and staff

The YES!+ program runs over for 3-6 consecutive days for 3-4 hours every day. The FDP program runs over for 4 consecutive days for 3 hours every day.

The YES!+ program will be offered to all incoming students of MNIT. The FDP shall be offered to all faculty and staff. The program's financial contribution shall be borne by interested students/faculty of MNIT on a voluntary basis.

MNIT shall:

Provide a clean, well-ventilated hall large enough to comfortably accommodate participants. Audiovisual equipment could be provided.

Give permission to TAOL faculty to conduct informational seminars on campus to raise awareness among the students/faculty of MNIT about the YES!+/FDP program. Interested students/faculty shall enroll in the program on a voluntary basis.

Provide all assistance to TAOL faculty to host the YES!+/FDP program on campus (accommodation, venue booking, publicizing the programs, and the introductory seminars through all institute communication channels).

5. Date of Effect:

This Memorandum of Understanding will come into effect from January 21st, 2023 and will remain in force for three years i.e., till January 20th, 2026.

6. Modification:

The Agreement may be amended in writing by mutual consent between the two Partners.

7. Confidentiality:

Absolute confidentiality of the information exchanged between Partners concerning the subject matter of this Agreement shall be strictly maintained.

8. Termination:

Either Partner may, without any termination obligations and liability, terminate this Agreement for any reason by providing notice in writing of at least 30 days to the other Partner. In the event of termination, the Educational Institution will clear off all money-dues to TAOL.

