

## **Report on Ek Bharat Shreshtha Bharat Program- “Auroville” (29-01-2024 to 02-02 2024)**

Students representing MNIT Jaipur attended an educational cum cultural tour top Auroville, Tamil Nadu under the Ek Bharat Shreshtha Bharat Program from 29<sup>th</sup> January 2024 to 2<sup>nd</sup> February 2024. The program was based on immersive experiential Learning, Interactive + In-person visits, Artistic Endeavors, Heritage Exploration, Spiritual Endeavors.

The students attended various interactive sessions by inspirational figures like Dr. Jayanti S. Ravi (IAS), Secretary of Auroville and Mr. Sanjeev R on the first day of the program. They also visited the Sadhana Forest followed by a cultural event in the night.



***SADHANA FOREST***



*Session with Dr. Jayanti S. Ravi (IAS), Secretary of Auroville*

The second day was filled with learning activities like a visit to various centers of Auroville including Pour Tous, Free store, Solar kitchen, Anandi etc., Meditation and a visit to the Matrimandir. They also had sessions on sustainability practices and sound bath, ending the day with sharing cultures at Bharat Niwas.



*Visit to Matrimandir*

The third day was followed by visits to the Botanical Garden and India Space. They also attended sessions on Architecture and “Power in me”. They also engaged in physical activities like yoga and exercises and finished the day with a cultural get together.

On 1<sup>st</sup> February, the students visited various production units of Auroville like Spirulina, Maroma, Well paper and Probiotics. They also went to Pondicherry to visit the Ashram and Samadhi darshan. They also had interactive sessions on the importance of physical education and a visit to the sports grounds. Students went to the beach later in the evening, ending the night with calm and peace.



***LEARNING ABOUT MANUFACTURING IN WELL PAPER***

The last day of the program was filled with interesting sessions on Tai Chi, Conscious clothing and Rythm. In the evening, they entered the sports ground and played various sports including football, volleyball and tug of war. The program was concluded with a wholesome gathering of all the students and personelle involved. They had dinner together followed by cultural performances.

The 5-day program was beneficial to students, giving them a chance to look deep into their true self and realize their hidden potential. They learnt about the diverse cultures of the country and the versatile way of living one could follow in their lives.



***STUDENTS RETURNING BACK***