

Malaviya National Institute of Technology Jaipur

All India Inter NIT Athletic Meet (17-20 November 2022)

Athletics Schedule

Thursday 17-11-2022 - Day 01

Time	Event	Section	Remarks
7:30 AM	1500M	Men	Final
8:10 AM	100M	Men	Heats
8:40 AM	100M	Women	Heats
9:00 AM	Shotput	Men	Final
9:45 AM	Shotput	Women	Final
Opening Ceremony			
11:10 AM	400M	Men	Heats
11:30 AM	400M	Women	Heats
12:30 PM	4*100M Relay	Men	Heats
01:00 PM	4*100M Relay	Women	Heats
Lunch Break			
2:45 PM	100M	Men	Semi-Final
3:00 PM	Discus Throw	Men	Final
3:10 PM	100M	Women	Semi-Final
3:45 PM	1500M	Women	Final
4:00 PM	Discus Throw	Women	Final
4:10 PM	Long Jump	Men	Final
5:00 PM	4*400M Relay	Men	Heats
5:10 PM	Long Jump	Women	Final
6:00 PM	4*400M Relay	Women	Heats

Friday 18-11-2022 - Day 02

Time	Event	Section	Remark
7:30 AM	5000M	Men	Final
8:10 AM	5000M	Women	Final
9:00 AM	100M	Men	Final
9:20 AM	100M	Women	Final
9:30 AM	High Jump	Men	Final
10:00 AM	400M	Men	Semi-Final
10:15 AM	High Jump	Women	Final
10:30 AM	400M	Women	Semi-Final
11:10 AM	200M	Women	Heats
11:40 AM	200M	Men	Heats
Lunch Break			
3:00 PM	800M	Men	Heats
3:10 PM	200 M	Men	Semifinal
3:20 PM	200 M	Women	Semifinal
3:30 PM	Javelin Throw	Men	Final
4:00PM	800M	Women	Heats
4:15 PM	Javelin Throw	Women	Final
5:00 PM	400m	Men	Final
5:20 PM	400M	Women	Final
5:25 PM	3000M	Women	Final

Saturday 19-11-2022 - Day 03

Time	Event	Section	Remarks
7:30 AM	10000M	Men	Final
8:40 AM	200M	Women	Final
9:00 AM	200M	Men	Final
9:20 AM	800M	Men	Final
9:40 AM	800M	Women	Final
10:00 AM	Hammer Throw	Men	Final
10:10 AM	Triple Jump	Men	Final
10:30 AM	Hammer Throw	Women	Final
10:40 AM	Triple Jump	Women	Final
11:15 AM	4x400M Relay	Men	Final
11:30 AM	4x400M	Women	Final
Lunch Break			
3:30 PM	4*100M Relay	Men	Final
3:35 PM	4*100M Relay	Women	Final